

5.1.2 Following capacity development and skills enhancement activities are organised for improving students' capability

1. Soft skills
2. Language and communication skills
3. Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)
4. Awareness of trends in technology.

Sr.No.	Name of the Capability Enhancement program	Date of implementation (DD-MM-YYYY)
1	Webinar on Safe Internet Habit during lockdown	6 th June 2020
2	Webinar on Changes call for innovation	7 th June 2020
3	Digital International Yoga day celebration	21 st & 22 nd June 2020
4	Online user awareness programme on E resources	8 th September 2020
5	Enhancing Reading Habits	15 th October 2020
6	Basic Life Support Training	17 th February 2021
7	Management Guru	19 th February 2021
8	Basics of Self Defence	20 th February 2021
9	Marathi Bhasha Gaurav diwas	27 th February 2021
10	Spoken English Course	27 th February 2021
11	Workshop on personality Development and Life Skills by Mrs.Rakhi Gujarthi	27 th March 2021
12	Session on Manifest Wisdom	30 th March 2021
13	Session on Big Data Analytics	16 th April 2021
14	Session on Connecting the dots	24 th April 2021
15	Session on Importance of Reading Books	24 th April 2021



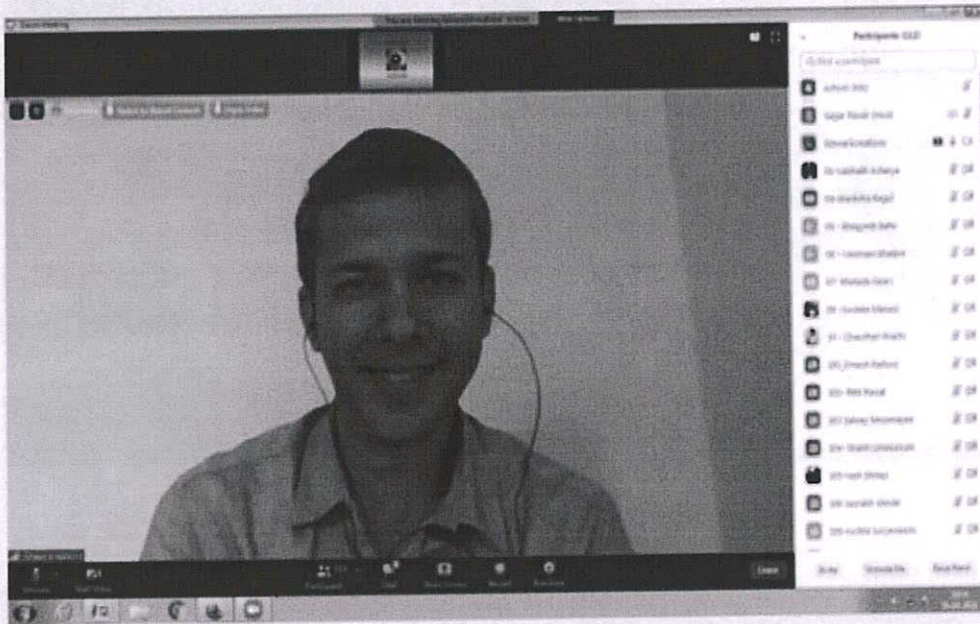
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A session on Manifest Wisdom

- ❖ **Date of Event** : 30th March 2021
- ❖ **Topic** : Manifest Wisdom
- ❖ **Resource Person** : Mr. Rakesh Shetye
- ❖ **Intro. of Resource Person**: Life coach, Reiki master, Management and ERP consultant
- ❖ **Participants** : MBA 1st & 2nd year
- ❖ **Venue/Platform** : Zoom Call
- ❖ **Faculty Coordinator** : Ms. Manisha Bhamre
- ❖ **Organized By** : Holistic Development Activity



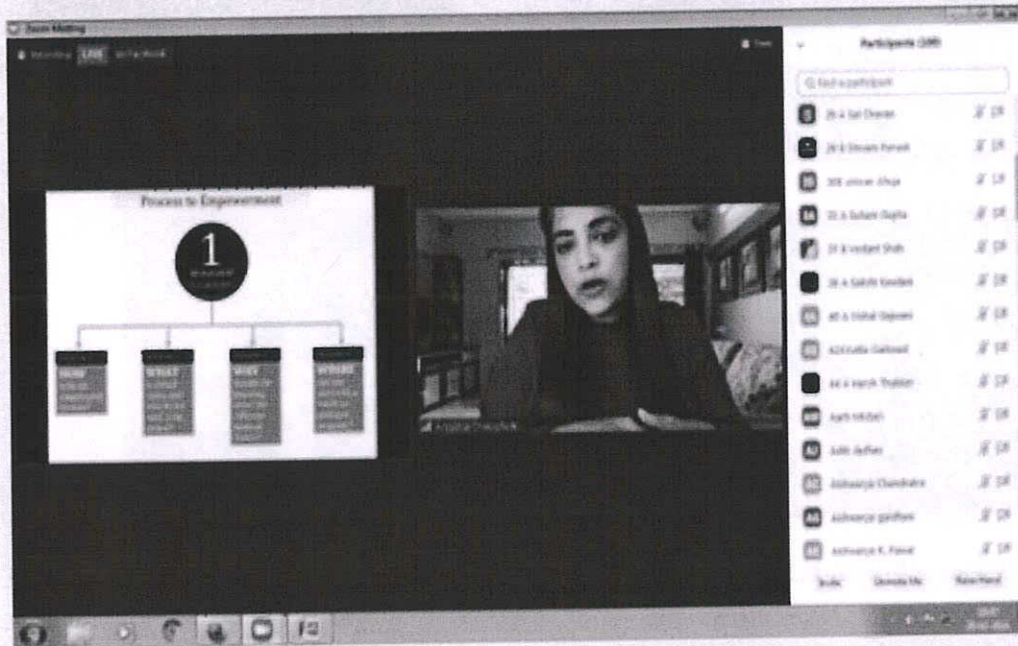
A session of Mr. Rakesh Shetye of ishwaricreations, Bangalore was organised as part of ABS Holistic Development activity. Mr. Shetye is a Life coach, Reiki master, Management and ERP consultant. He is also the author of the book, "Capitalize on Light". The topic was "Manifest Wisdom". He highlighted the importance of purity in intelligence and how wisdom can be tapped. He gave examples to show how love when poured into one's knowledge, becomes wisdom. He stated that vision statements of Institutions showcased their intelligence and spoke volumes of their values and culture. His main stress lay upon how wisdom can be manifested in the right manner to bring about a holistic change in one's personality.

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State- Level Online Program on 'Basics of Self Defense'

- ❖ **Date of Event** : 20th Feb., 2021
- ❖ **Topic** : Online program on Basics of Self Defense
- ❖ **Resource person** : Ms. Anjusha Chaughule, Director, Producer, Actress, Writer and a Social Activist
- ❖ **No of Participants** : 150 participants
- ❖ **Venue** : Zoom Call & Facebook live
- ❖ **Faculty Coordinator** : Ms. Manisha Bhamre
- ❖ **Organized By** : IQAC Department



Ashoka Business School had organized a State level program on 'The Basics of self-defense' as part of its gender sensitivity activity. It was conducted by Ms. Anjusha Chaughule, who said that self-defense is not just a set of techniques, it's a state of mind and it begins with the belief that one is worth defending oneself. She spearheads the Woman empowerment and Self-defense program and is the solo designer and executor of Nirbhaya Safety drive campaign.

This Online program, which was streamed live on Facebook and was attended by more than 150 participants. Dr. D. M Gujarathi, Director, ABS, and all the faculty members also present.

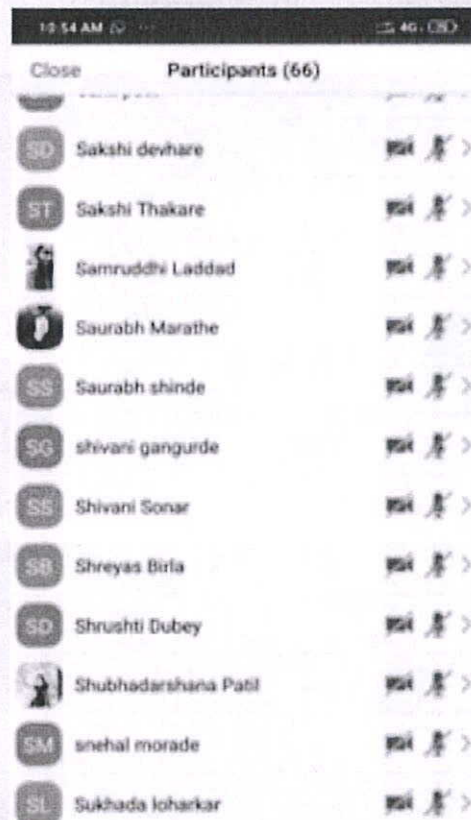
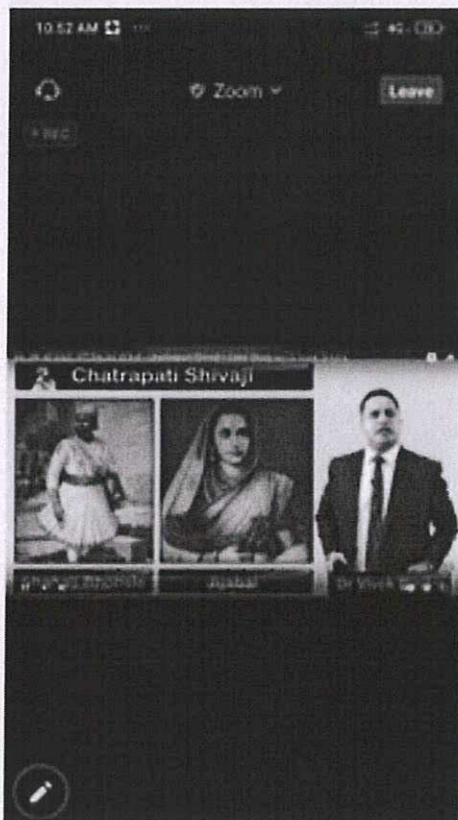
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Chhatrapati Shivaji Maharaj: The Management Guru

- ❖ **Date of Activity** : 19th February, 2021
- ❖ **Topic of the session** : Chhatrapati Shivaji Maharaj: The Management Guru
- ❖ **Participants** : Students of ABS
- ❖ **Venue/Platform** : Zoom Call
- ❖ **Organized By** : Literary Club



Chhatrapati Shivaji Maharaj birth anniversary was celebrated at Ashoka Business School. The occasion began by paying tribute and offering a flower garland to the photograph of Chhatrapati Shivaji Maharaj.

On this occasion, the literary club of ABS organized an online activity of sharing a series of motivational videos on "Shivaji Maharaj –The Management Guru" to the students. This was followed by a discussion on the management lessons learned by students from the videos shown.

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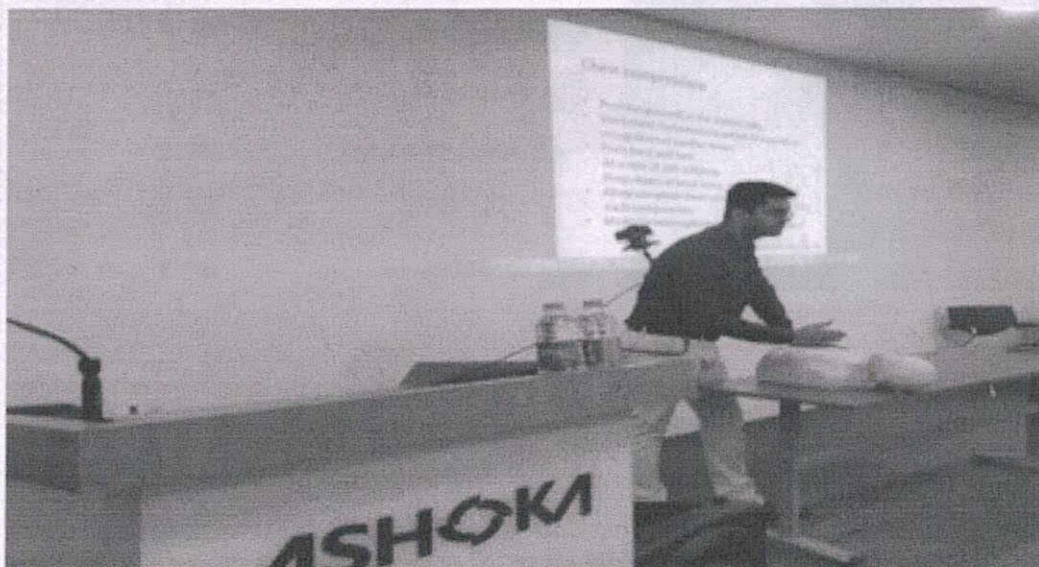
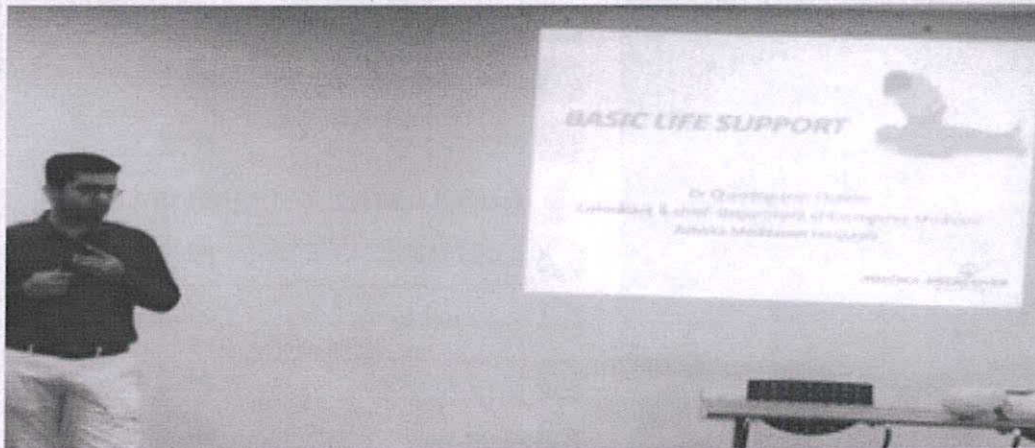
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A session on "Basic Life Support Training"

- ❖ **Date of Event** : 17th February, 2021
- ❖ **Topic of the session** : "Basic Life Support Training"
- ❖ **Resource person** : Dr. Chandrakant Chavan, Ashoka Medicover Hospital, Nashik
- ❖ **Participants** : All MBA students
- ❖ **Venue/Platform** : Seminar Hall
- ❖ **Organized By** : IQAC Department



A training session on "Basic Life Support for Road Safety" organized by IQAC department of Ashoka Business School. The session was organized to create awareness among the students about road safety and basic life saving skills. Some demonstrations were made during the session. On this occasion, the Director of the Institute (Higher Education) Dr. D. M. Gujarathi, Event Coordinator Dr. Vaibhav Bhalerao, and Assistant Director of the College Dr. Rupali Khaire were present.

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Digital International Yoga Day Celebration

- ❖ **Date of Event:** 21st & 22nd June, 2020
- ❖ **Resource Person:** Mr. Ashutosh Kshatriya- Yoga Trainer & Artist
Mr. Harshal Dayma- Faculty of ABS
- ❖ **Event Coordinator:** Ms. Manisha Bhamre

Ashoka Business School conducts various activities for the holistic development of its students. The Institute also celebrates various days to highlight the importance of those days. The 6th International Yoga Day was celebrated Online by organising two programmes on the 21st and 22nd of June 2020. On the 21st Prof. Harshal Dayma conducted a Yoga and Pranayama session for the students and staff of Ashoka Business School. He stressed upon the importance of Yoga and its effect on our everyday activities and wellbeing. On the 22nd, renowned Yoga trainer, artist and visionary Mr. Ashutosh Kshatriya, the resource person for the webinar organised on the occasion of IYD, spoke on the need of Yoga in Business. The changing work environment increasingly places demands on the employees. To deal with such stressful work environment, organisations must reap the benefits of Yoga and conduct such sessions within their premises. He highlighted the importance of the beautiful blending of Yoga with work leading to enhanced efficiency and Business growth coupled with employee satisfaction. With a degree in classical music, he also showed how music therapy plays a great role to reduce the stress level by having a flute meditation for all the participants who highly appreciated it. Digital certificates were provided to all participants. Manisha Bhamre, faculty of Ashoka Business School as well as the Coordinator of Holistic Development Activities compered the session.

Dr. D. M. Gujarathi, Director, HE AEF, Dr. Narendra Telrande, Administrator HE, AEF, Dr. Rupali Khaire, Asst. Director, ABS and Dr. Vikas Gaundare along with all the faculties provided their able support and guidance.



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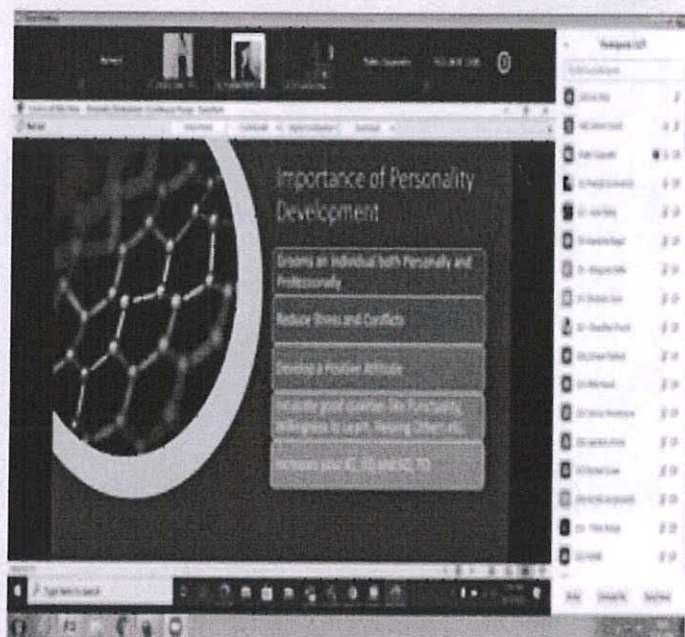
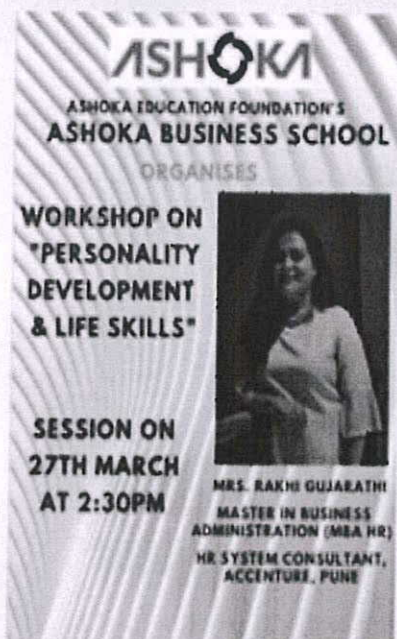
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Workshop on Personality Development & Life Skills

- ❖ **Date of Event** : 27th March 2021
- ❖ **Topic** : Personality Development & Life Skills
- ❖ **Resource Person** : Mrs. Rakhi Gujarathi
- ❖ **Intro. of Resource Person:** HR System Consultant, Accenture, Pune
- ❖ **Participants** : MBA 1st year Students
- ❖ **Venue/Platform** : Zoom Call
- ❖ **Faculty Coordinator** : Dr. Rupali Khaire
- ❖ **Organized By** : Career Guidance & Employment Cell



Ms. Rakhi Gujarathi, an established HR specialist delivered a session on Personality Development at ABS. She advocated that students should be aware of their traits and develop their skills accordingly, to be employable and that the traits should be assessed. Ms. Rakhi advised students to read more and increase their scope of knowledge so that they become ready for the future challenges. The students were advised to have a positive outlook towards life and its challenges. A positive personality involves learning something new and helping others in developing skills. She advocated that the students should keep on up skilling themselves.

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