

5.1.2 Following capacity development and skills enhancement activities are organised for improving students' capability

1. Soft skills
2. Language and communication skills
3. Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)
4. Awareness of trends in technology.

Sr.no.	Name of the Capability Enhancement Program	Date of Implementation
1	How to write an Impressive Resume by Dr.Nainesh Mutha	9th June 21
2	Digital International Yoga Day	21st & 22nd June 2021
3	Management Guru Competition	24th July 21
4	Session on Life skills "Life Is Beautiful".	12th August 2021
5	Session on Soft skills -interview Know How	4th Sep 21
6	Orientation of TPO to students	15th Sept 2021
7	NAANDI Foundation's Mahindra Pride Classroom – Employablity Enhancement Program	11th Oct 2021
8	Communication Strategies through Soft Skills	10th Jan 2022
9	LinkedIn Session	28th Jan 2022
10	Road Safety Awareness	15th Feb 2022
11	Interpersonal skills and its impact on Personality Development	5th March 2022
12	Self-defence (gender sensitivity activity) and spiritual	28th March 2022
13	MS- Excel	4th May 2022

**COORDINATOR**Internal Quality Assurance Cell
Ashoka Business School, Nashik.**DIRECTOR**Ashoka Business School
Nashik.

International Yog Day Celebration

Date : 21st June, 2021

Time : 7.00 am

Mode : Online Mode

No of Participants: 30

OBJECTIVES OF EVENT:

1. To learn methods of practicing yoga.
2. To get awareness to the students about physical, mental and spiritual practices originating in ancient India.
3. Importance of Yoga and meditation in the life.
- 4.

On the 22nd, renowned Yoga trainer, artist and visionary **Mr. Ashutosh Kshatriya**, the resource person for the webinar organised on the occasion of International Yoga Day.

Need of Yoga in Business. The changing work environment increasingly places demands on the employees. To deal with such stressful work environment, organisations must reap the benefits of Yoga and conduct such sessions within their premises. He highlighted the importance of the beautiful blending of Yoga with work leading to enhanced efficiency and business growth coupled with employee satisfaction. With a degree in classical music, he also showed how music therapy plays a great role to reduce the stress level by having a flute meditation for all the participants who highly appreciated it. Digital certificates were provided to all participants.

BENEFITS/ CONCLUSION FROM EVENT:

Students understood importance of Yoga and its effect on our everyday activities and wellbeing. Also got aware about Music therapy and its benefits. How regular practice of Yoga Sana keep the person away from day to day tensions and pressures. Also understood about how to keep balance in work life with the benefits in the health.



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
DIRECTOR
Ashoka Business School
Nashik.

CERTIFICATE OF PARTICIPATION

Manisha Bhamre

has successfully participated in the Webinar

Yoga In Business
by
Yogacharya Ashutosh
Organized by IQAC



Dr. D.M. Gujrathi
Director - HE

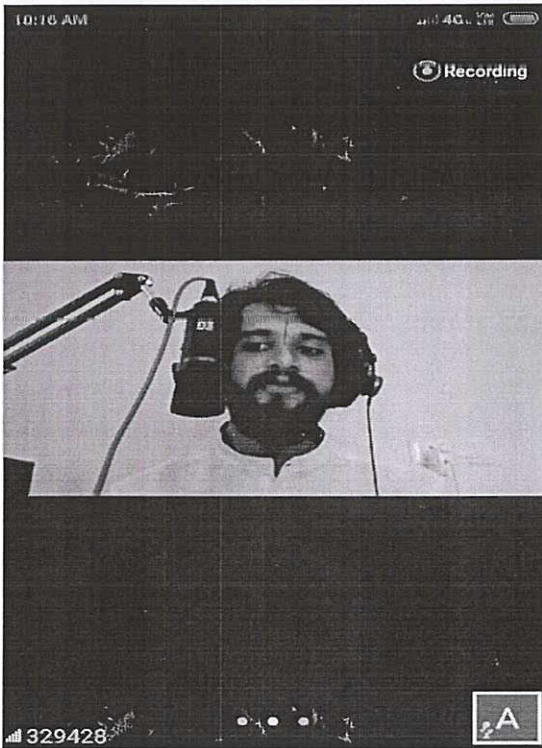
CERTIFICATE OF PARTICIPATION

Mr Zeeshan Quazi

has successfully participated in the Webinar

Yoga In Business
by
Yogacharya Ashutosh
Organized by IQAC


Dr. D.M. Gujrathi
Director - HE




lokmat Times

ABS celebrates Yoga Day

Digital International Yoga Day Celebration at Ashoka Business School

Ashoka Business School conducts various activities for the holistic development of its students. The Institute also celebrates various days to highlight the importance of those days. The 6th International Yoga Day was celebrated online by organising two programmes on 21 and 22 June 2020. On June 21, professor Harshal Dayma conducted a Yoga and Pranayama session for the students and staff of Ashoka Business School. He stressed the importance of Yoga and its effect on our everyday activities and well being.



efficiency and business growth coupled with employee satisfaction. With a degree in classical music, he also showed how music therapy plays a great role to reduce the stress level by having a flute meditation for all the participants who highly appreciated it. Digital certificates were provided to all participants. Ashoka Business School faculty Manisha Bhamre and the holistic development activities coordinator hosted the sessions. Ashoka Education Foundation chairman Ashok Katariya, Ashoka Education Foundation, director higher education Dr DM Gujrathi, assistant director, HE, Dr Narendra Telrande, ABS assistant director Dr Rupali Khaire, and Dr Vikas Gaundare along with all the faculties provided their able support and guidance.

On June 22, renowned Yoga trainer, artist and visionary Ashutosh Kshatriya, the resource person for the webinar organised on the occasion of IYD, spoke on the need of Yoga in Business. The changing work environment increasingly places demands on the employees. To deal with such a stressful work environment, organisations must reap the benefits of Yoga and conduct such sessions within their premises. He highlighted the importance of the beautiful blending of Yoga with work leading to enhanced

Nashik First
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Internal Quality Assurance Cell
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MANAGEMENT GURU COMPETITION

LEARNFROMTHELEARNED – A Talk on Management Gurus

The concept of “Management Gurus” presentations was proposed by the Director-Dr.D M Gujarathi. He realized that it is very essential for each student of management institute to know about the life of the management thinkers and their contribution; work towards the management studies must be highlighted. So, along with our team we came up with this idea and successfully completed the task.

Date : 29th June to 22nd July 2021

No of Participants : 99 (On zoom)

Mode : Online Mode

OBJECTIVES:

1. To know the list of personalities who have contributed in the field of management.
2. To know the challenges faced by them and learn the ways to overcome them.
3. To learn about their contribution that has worked wonders for the overall development of the society and people. The competition was held in 3 rounds of presentations.

Round I

- **Dates:** 29th June 2021 & 30th June 2021
- **Mode:** Online (Zoom Platform)

The topics of Presentation were:

- ✓ Does work place diversity play an important role in productivity?
- ✓ Impact of Covid 19 on Youngster's Employability in India
- ✓ PNB Scam
- ✓ Top 3 Best Places in India to work for
- ✓ Covid19-Comparative study of 1st n 2nd wave
- ✓

Round II

- **Dates:**
 - Day1- 19th July 2021
 - Day2- 20th July 2021
 - Day3- 22nd July 2021
- **Mode:** Online (Zoom Platform)


COORDINATOR

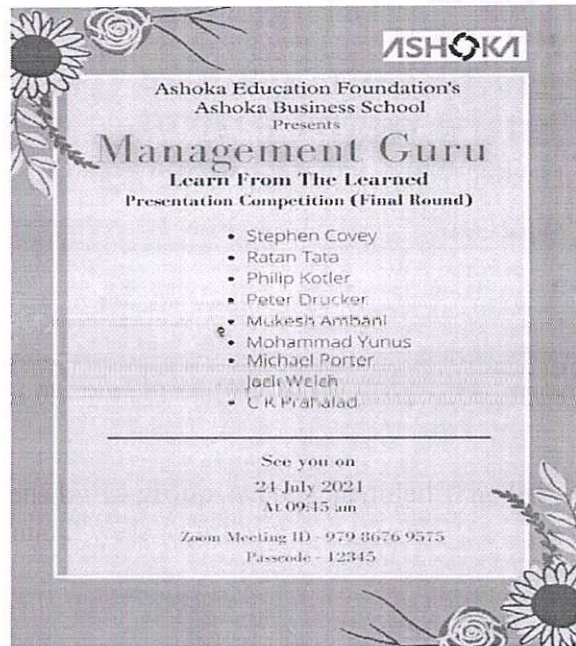
Internal Quality Assurance Cell
Ashoka Business School, Nashik.


DIRECTOR

Ashoka Business School
Nashik.

Round2 was conducted in 3 days and presentations by 14 groups were scheduled. The list is as follow
The evaluation criteria taken into account for round 2 were as follow:

- ✓ **Content about the Person**
- ✓ **Presentation style**
- ✓ **Communication of presenter**
- ✓ **Illustrations or evidences given**
- ✓ **Q & A Session**



Round III

- **Dates: 24th July 2021**
- **Mode: Offline (ABS Seminar Hall)**

BENEFITS/ CONCLUSION FROM EVENT:

- Students came to know the list of personalities who have contributed in the field of management.
- Students' knowledge regarding the management concepts in Round1 and about the management gurus and their contribution and theories of Management in further rounds has been enhanced.
- Students felt confident while presenting in all 3 rounds.
- Students overcome their stage fear and fear of public speaking through the presentations especially through offline presentations in Round 3.
- The progressive improvement was observed by the judges and felt by the student during the round wise presentations.


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श्रीजीपीनगर : अशोकाच्या मॅनेजमेंट गुरू स्पर्धेच्या बक्षीस वितरण कार्यक्रमप्रसंगी मान्यवर.

अशोकाच्या 'मॅनेजमेंट गुरू' स्पर्धेचे बक्षीस वितरण पस्तीस गटांचा ऑनलाइन पद्धतीने सहभाग

सकाळ वृत्तसेवा

श्रीजांजीनगर, ता. बे. अशोका विद्यापीठ स्कूल एम्प्लॉय महाविद्यालयात मॅनेजमेंट गुरू स्पर्धेचा बक्षीस वितरण समारंभ युक्त्याच पार पडला.

याप्रसंगी संस्थेचे सचिव श्रीकांत शुक्ल, खल्लागार व्ही. आर. वैकटाचालम, महाविद्यालयाचे संचालक डॉ. डी. एम. गुजराथी, प्रशासक डॉ. नरेंद्र तेलतारे आदी व्यासपीठावर होते. स्पर्धा महाविद्यालयातील तीन विद्यार्थ्यांचा एक, असे ३५ गट बनविण्यात आले. स्पर्धेकरिता तीन फिन्या झाल्या. पहिल्या फेरीची सुरवात सर्व साधारण विषयांवरील सारोकरणात झाली. यात एकूण ३५ गटांनी ऑनलाइन पद्धतीने सहभाग घेतला.

दुसऱ्या फेरीसाठी १४ गट शॉर्टलिस्ट केले गेले; प्रत्येक गटाला एक मॅनेजमेंट गुरू सारोकरणासाठी देण्यात आले. यात प्रत्येक गटाने आपल्या मॅनेजमेंट गुरूचे सादरीकरण केले. तिसऱ्या आणि अंतिम फेरीत

५ गटांना संधी मिळाली आणि त्यांना वाढीव तज्ज्ञांसोबत सारोकरण केले. त्यांना फेरी मंथन व गट विजेते मंथन नोंदित करण्यात आले. यात प्रथम पारितोषिक मुल्लेन कोकणी, सीरम मराठे व कोमल गोंगड यांच्या गटाने पटकाविले. द्वितीय पारितोषिक यश शिंपी, प्रीती शिरसाट आणि अनिया मायकबाड यांच्या गटाने प्राप्त केले.

तृतीय पारितोषिक साद्री देव्हारे, ऐश्वर्या पंचार व अनुजा माळी यांच्या गटाने मिळवले. तसे उत्तेजनार्थ पारितोषिक नेयारी मुनीत, कोमल मायकबाड व गौरी खैरनार यांच्या गटाने मिळवले. विजेत्यांना पारितोषिक व प्रशस्तीपत्रक देऊन गौरविण्यात आले. सहभागी विद्यार्थ्यांना प्रशस्तीपत्रक देण्यात आले. कार्यक्रमाचे प्रस्ताविक स्पर्धेच्या संपन्नगक प्रा. पूजा मोलप यांनी केले. बक्षीस वितरण कार्यक्रमाचे सभ्यव्ययन डॉ. विकास गोंडार यांनी केले. कार्यक्रमाचे सूत्रसंचालन विद्यार्थिनी मुल्लेन कोकणी व कृषिकेश धाम यांनी केले.

Ashoka Education Foundation's
Ashoka Business School

A presentation competition for students
On theme
LEARN FROM THE LEARNED
- A Talk on Management Gurus

PRIZE DISTRIBUTION FUNCTION
26TH AUG 2021

Student' Feedback

How was your overall experience from the first round, please elaborate.

57 responses

It was very wonderful and informative event. I learned very new things from this competition. We all work as team and it also help me to get to know more about my team mates . Sarita was also very helpful, she always motivate like we just not only have to take part in competition but also we have to win it . I get to know about how to work overnight and on the next day I have to present it. We all three were sharing information, conducting meetings, encouraging eachother , and so on . All the participants were very good. Events was awesome and had an great experience.

Its very inspiring

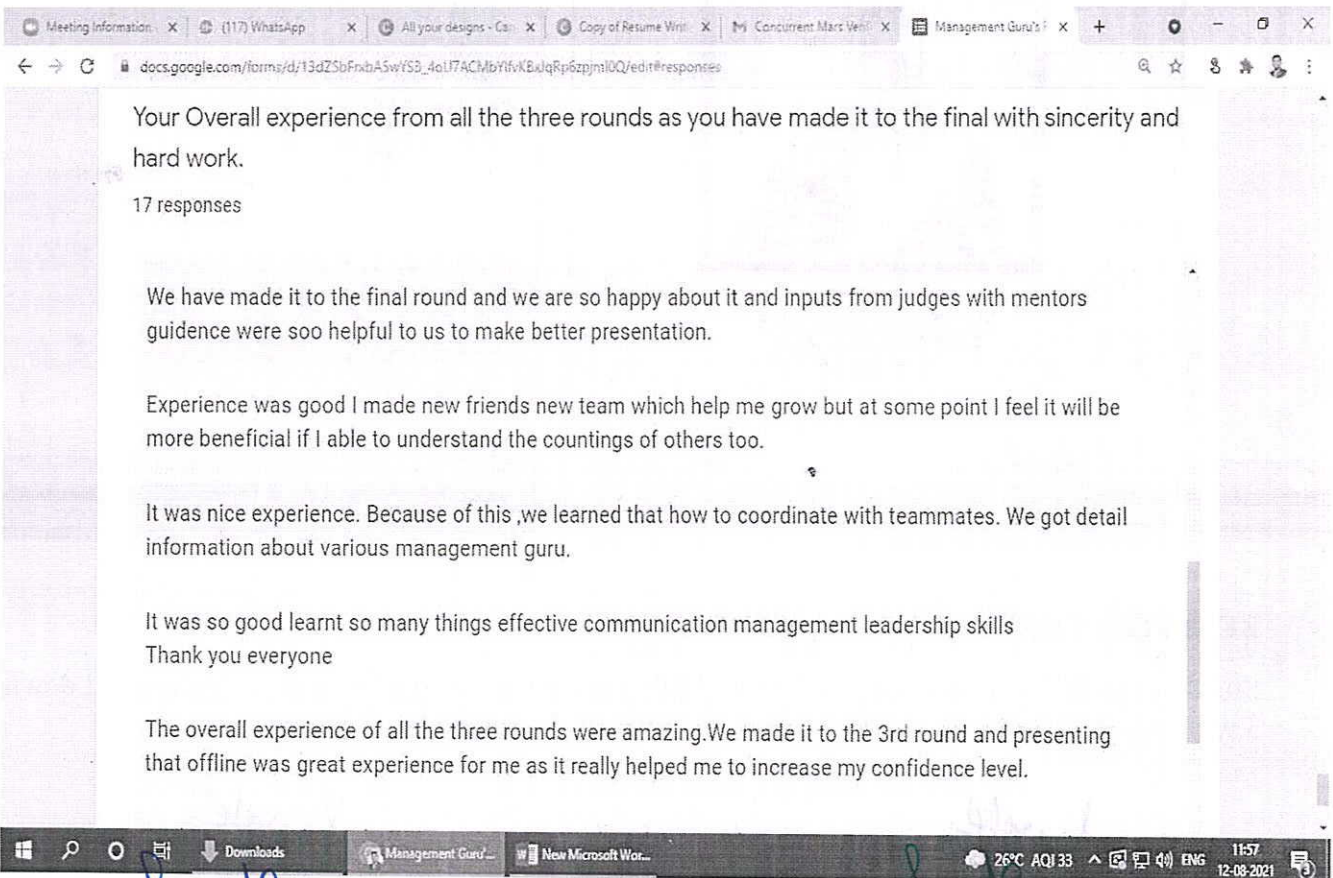
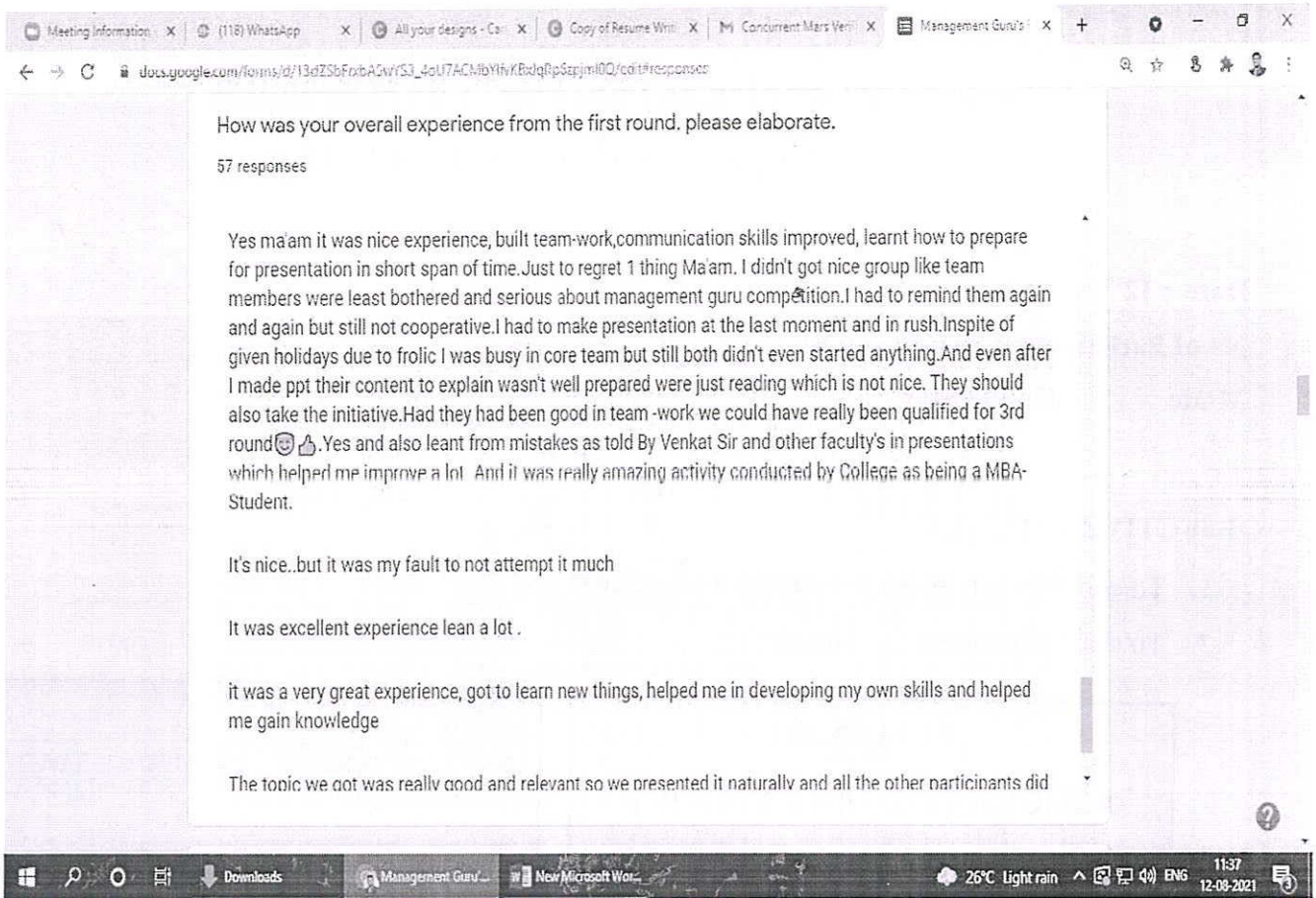
Through this I realized that the 4 members of the group helped each other and got to experience many things through the presentation that made them understand the difficulties encountered while preparing the presentation.

It was overall a good experience since I had never spoke with the other 2members of my team before later worked with them and made it to third position which was very unexpected for me because there were good teams in the competition and we gave are best without hoping to win

It was a great experience. I got to learn alot and it also helps us to build confidence for presentations.

Swale
COORDINATOR
Quality Assurance Cell
Nashik.

Swale
DIRECTOR
Ashoka Business School
Nashik.



Shweta
COORDINATOR
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Ashoka Business School, Nashik.

Shweta
DIRECTOR
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Nashik.

Session on Life skills "Life Is Beautiful".
'Theme -Disability is just a state of mind'

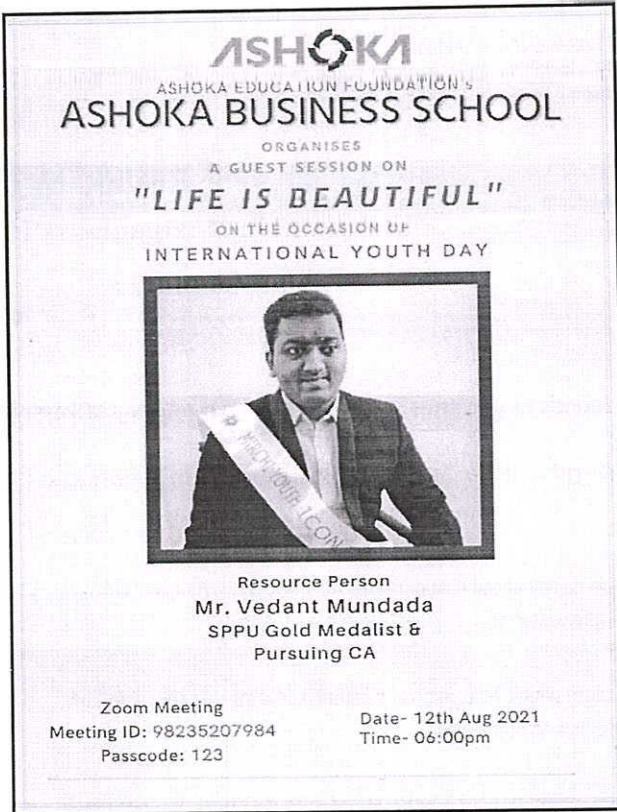
Date : 12th August 2021

No of Participants: 99 (On zoom)


Mode : Online Mode

OBJECTIVES OF EVENT:

1. To connect current batch students with Alumni
2. To share experience by Alumni



ASHOKA
ASHOKA EDUCATION FOUNDATION'S
ASHOKA BUSINESS SCHOOL
ORGANISES
A GUEST SESSION ON
"LIFE IS BEAUTIFUL"
ON THE OCCASION OF
INTERNATIONAL YOUTH DAY



Resource Person
Mr. Vedant Mundada
SPPU Gold Medalist &
Pursuing CA

Zoom Meeting
Meeting ID: 98235207984
Passcode: 123

Date- 12th Aug 2021
Time- 06:00pm



मोहता लिक वर ऑनलाईन पद्धतीन भरवा.
दृष्टीपेक्षा दृष्टिकोन महत्वाचा : मुंदडा
नाशिक । जीवन हे सुंदर आहे ते साकारण्यासाठी दृष्टी असणे आवश्यक नाही तर दृष्टिकोन असणे अधिक महत्वाचे आहे. अपंगत्व ही केवळ मनाची अवस्था आहे. एक तर त्यावर रडणे किंवा आपल्या मार्गातील अडथळा म्हणून पाहणे यापेक्षा त्यातून मार्ग काढून पुढे जाता येऊ शकते, असे प्रतिपादन पुणे विद्यापीठ सुवर्णपदक विजेता व सीए सीपीटी परीक्षित यश भिळवत सीए होण्याच्या मार्गावर असलेल्यावेदांत मुंदडा याने अशोका बिझनेस स्कूल या एमबीए महाविद्यालयातील होलिस्टिक डेव्हलपमेंट सेलच्या पुढाकाराने आंतरराष्ट्रीय युवा दिनाच्या औचित्याने 'जीवन सुंदर आहे', या विषयावर आयोजित ऑनलाईन सत्रात केले. महाविद्यालयाचे संचालक डॉ. डी. एम. गुजराथी यांच्या पुढाकाराने या सत्राचे आयोजन करण्यात आले होते. कार्यक्रमाचे समन्वयन प्रा. मनीषा भामरे व डॉ. विकास गोंडारे, सत्रसंचालन शुभदर्शना पाटील हिने तर मान्यवरांचे आभार हेमंत पाटील याने मानले.

BENEFITS/ CONCLUSION FROM EVENT:

Students got life experience and understood life was a beautiful journey with all its ups and downs and any physical disability cannot be resistance. Difficult situation, best outcome.


COORDINATOR
Quality Assurance Cell
Ashoka Business School, Nashik.


DIRECTOR
Ashoka Business School
Nashik.

Road Safety Awareness Program

Date : 15th Feb 2022

Resource person : Mr. Vasudev Bhagat

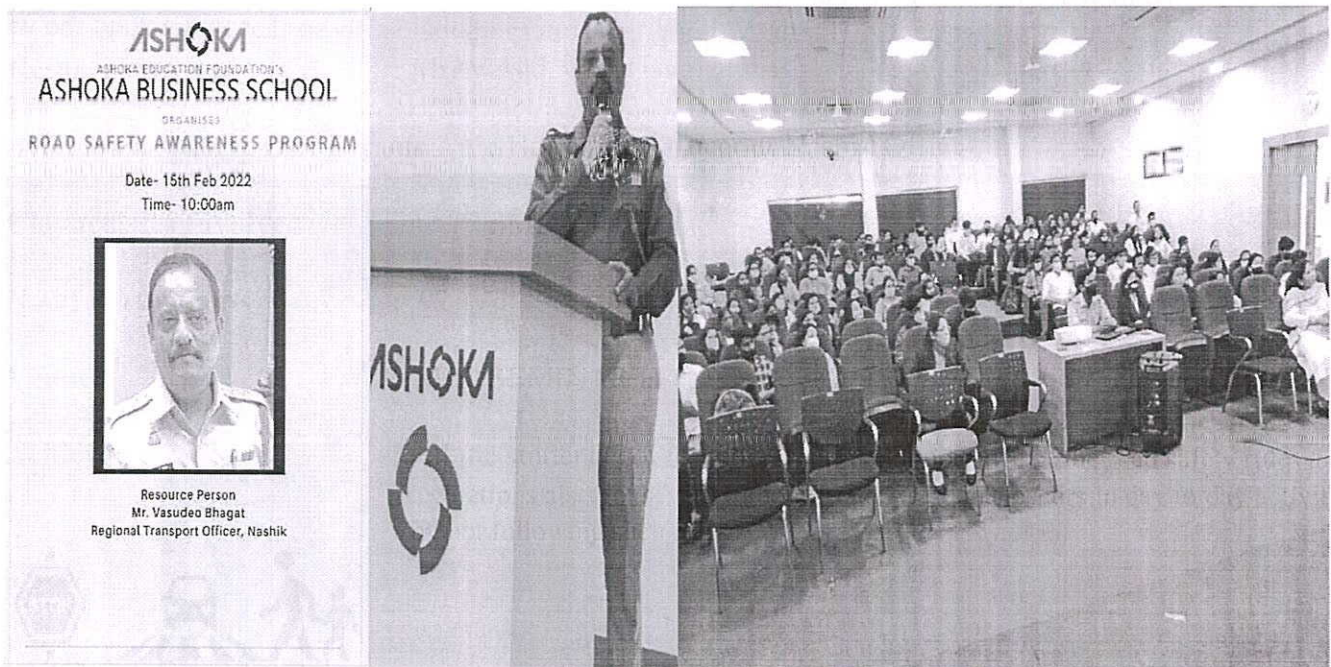
Brief intro of Resource Person : He is RTO Officer at Nashik Office

Class/classes Involved : MBA 1

No of Participants : 92

Venue : ABS, SEMINAR HALL.\

Achievements/Benefits : All the students got to understand the importance of the road safety rules and regulations also got severity about Road Accidents occurs in day to day activity by not following such rules.



Shwale
COORDINATOR
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Shwale
DIRECTOR
Ashoka Business School
Nashik.

Self-defence (gender sensitivity activity) and Spiritual wellness

Date : 28/3/2022

Topic : Expert talk on Self-defence and spiritual wellness

Resource person : Mr. Kalpesh Bhalekar and Dr. D M.Gujarathi

Brief intro of Resource Person : Mr Kalpesh is a karate and Yoga teacher and is the founder of Royal Warrior. Dr. D. M Gujarathi is currently the Director, ABS and also an Art of Living follower and regular practitioner.

Class/classes Involved : MBA 1 and 2 students

No of Participants : 102

Venue : ABS Seminar Hall

Achievements/Benefits : The objective was to understand the basics of self-defence and spiritual wellness.



Swate
COORDINATOR

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